

**THE FARMING LIFE CENTRE
FINANCIAL STATEMENTS
31 MARCH 2010**

Company Registration Number 06718297

Charity Number 1130259

CONTENTS	PAGE
Trustees Annual Report	1
Independent examiner's report to the members	7
Statement of financial activities (incorporating the income and expenditure account)	8
Balance sheet	9
Notes to the financial statements	10

THE FARMING LIFE CENTRE

TRUSTEES ANNUAL REPORT

PERIOD FROM 1 OCTOBER 2009 TO 31 MARCH 2010

The trustees, who are also directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the period from 1 October 2009 to 31 March 2010.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered charity name	The Farming Life Centre
Charity registration number	1130259
Company registration number	06718297
Principal office	Blackwell Hall Farm Blackwell Buxton SK17 9TQ
Registered office	Blackwell Hall Farm Blackwell Buxton SK17 9TQ

THE TRUSTEES

The trustees who served the company during the period were as follows:

Sarah Elizabeth Helliwell	Russell Ashfield
Frances Denise Ashfield	George Samuel Bryan Lomas
Hester Elizabeth Messom	Stephen John Mycock
Linda Jane Syson Nibbs	Elizabeth Anne Fitzgibbon
William Carr	

STRUCTURE, GOVERNANCE AND MANAGEMENT

On 1 October 2009 The Farming Life Centre became a Charitable Company, registered with the Charity Commission and Companies' House.

During the period governance was carried out by nine directors, the newest of whom, William Carr of Waterhouses, accepted the Board's invitation to become a member in December 2009.

Directors meet on a quarterly basis where they receive full financial reports from the Treasurer, a full project report from the Centre Manager and where they consider all other strategic issues relating to the Centre. In addition, individual directors provide a supporting role to the Farming Life Centre Manager, by taking on a designated area of interest and responsibility, namely: personnel, building management, legal entity, finance, funding, and publicity/promotion.

The Centre Manager, Julia Cook is responsible for the day to day running of the Centre and its projects, and for the management of staff. During the period she has been guided in her work via the Work Plan contained in the 2008-2011 Business Plan.

THE FARMING LIFE CENTRE

TRUSTEES ANNUAL REPORT

PERIOD FROM 1 OCTOBER 2009 TO 31 MARCH 2010

OBJECTIVES

The Objects of the charity as laid down in the Memorandum of Association are:

The relief of sickness, promotion of health and relief of financial hardship among the farming community in the area defined by the current boundaries of the Peak District National Park.

During the period October 2009 to March 2010 the main objectives of the Centre were:

- To review and confirm the content of the Business Plan for the remainder of the period to March 2011
- To consider the implications of FLC gaining a quality mark accreditation
- To set up a Farming Memories Group - a farming themed reminiscence group to meet on a monthly basis
- To continue the development and implementation of the Health Trainer project
- To continue the development of the social and therapeutic garden project
- To develop and deliver a new Future Farms project

ACTIVITIES

Health Trainer

The Health Trainer and Health Champion project at the Farming Life Centre has made significant progress during the period. The team of 5 health champions have been active in their own communities. Our Health Trainer, Penny Ward has become better known and established with the area and has achieved increased success in working one-to-one with individuals and in promoting health amongst local community groups.

The target group of the Farming Life Centre's Health Trainer project is the farming community and rural residents - families and the elderly - living within an 8-mile radius of Blackwell.

There are three facets to the Centre's approach in developing the Health Trainer project, which is based on a Community Development model of engagement:

- building on existing initiatives and services which are embedded into the Centre's programme (engaging with social groups)
- developing new group-based health initiatives based at the Centre (social and therapeutic garden, chair-based exercise, health walks)
- developing a programme of outreach activities which are based in villages within the target area or within existing community and farming groups.

THE FARMING LIFE CENTRE

TRUSTEES ANNUAL REPORT

PERIOD FROM 1 OCTOBER 2009 TO 31 MARCH 2010

To support the Health Trainer project we have developed a number of complementary initiatives to underpin the Health Trainer service:

- **Walks Programme:** a series of short walks for people of all abilities, addressing fitness, mobility (every step counts) and mental health. In the period 09/10 23 walks were delivered, with a total of 166 attendances by 40 individuals.
- **Chair Based Exercise** - session ran during Feb/March 2010 - second session being considered for June/ July 2010 - Outreach sessions being planned for summer 2010. During the period 09/10 nine sessions were delivered, with a total of 28 attendances by eight individuals.
- **My Time Art Time** - Taster sessions offered through out 2009 culminating in a regular open art class being trialled. During the period 09/10 nine sessions were delivered, with a total of 61 attendances by 29 individuals.
- **Garden Activities:** Basic garden preparation activities have been arranged on a "one off" basis - we have had patients from Newholme Hospital supporting these activities. Specific workshops will be developed on completion of the basic garden design when the garden is fully open.

Social and Therapeutic Garden

During the period we have continued to progress the ground work in developing a garden space on land to the rear of the Centre. Drainage and drystone walling work has been completed over the winter. Various horticultural volunteering opportunities will be developed and advertised over the spring and summer 2010.

Future Farms 2010

In October 2009 Derbyshire Economic Partnership issued a tender within the LEADER project for training under the remit of 'Improving Skills in the Farming Sector.' The Farming Life Centre was successful in winning this tender and, following delays in January due to snow, launched Future Farms 2010 in February 2010. The aim of the project is to provide training and networking opportunities for members of family farms in the LEADER area, with a particular emphasis on the younger farming generation and diversified farm incomes. This will be achieved through eight training days consisting of farm visits combined with business development seminars delivered between February and September 2010. Themes addressed through the programme include: renewable energy, farm tourism and accommodation, off-farm contracting, adding value to milk, collaborative farming initiatives, adding value to meat, care farming and Community Supported Agriculture.

Social Groups

The Rural Social Group, Rural Lunch Club and Farming Memories Group met throughout the period on Wednesday afternoons. From their inception, these groups have been the cornerstone of the Farming Life Centre's work and they remain well supported and enjoyed by those who attend.

THE FARMING LIFE CENTRE

TRUSTEES ANNUAL REPORT

PERIOD FROM 1 OCTOBER 2009 TO 31 MARCH 2010

Community Events

The annual Christmas Carol Service took place on Sunday 13 December. The children of Taddington and Priestcliffe School sang beautifully and the afternoon was enjoyed by 150 visitors.

Partnership Working

The Farming Life Centre has been pleased to work in partnership with the following organisations:

- ADAS - FLC hosted a PLANET training day in October (Nitrate Vulnerable Zones programme)
- Royal Agricultural Benevolent Institution (RABI) - FLC assisted with Welly Week fundraising in collaboration with Taddington and Priestcliffe School. We shared a presence at Brailsford Ploughing Match and were pleased to raise funds through the sale of RABI 2010 calendars during December.
- Rural Health Team
- Agricultural Chaplain
- Derbyshire Dales District Council - FLC hosted Farm Safety Awareness Training Day in October.
- Taddington and Priestcliffe Primary School - FLC worked in partnership to develop RABI Welly Week fundraising programme which tied in with School's harvest festival. The school children performed at the Centre's Christmas Community event.
- Peak District National Park Authority Live & Work Rural Project
- LEADER Local Action Group
- Derbyshire Care Farming Steering Group
- Derbyshire Rural Stress Network
- Buxton Young Farmers' Club – FLC hosts the club

ACHIEVEMENTS AND PERFORMANCE

The main measure of performance is the number of beneficiaries of the activities The Farming Life Centre offers, as summarised below:

Health Trainer:(April 09-March 2010)

- Health Trainer and Health Champion support: 25
- Complementary activities: 40

THE FARMING LIFE CENTRE

TRUSTEES ANNUAL REPORT

PERIOD FROM 1 OCTOBER 2009 TO 31 MARCH 2010

Future Farms:(January-March 2010)

- 13 businesses
- 24 individuals

Farming Social Groups:

- membership of 20
- with average attendance 12

Community Events: Christmas Carol Service

- 150 attendees

Volunteers - team of 18 – are involved in different aspects of maintaining the Centre, managing the Centre, helping out at events, direct involvement in the Health Trainer and Garden projects.

An ongoing challenge for the Centre is maintaining and increasing awareness of our services. This work has improved significantly with the arrival in January 2010 of our Administration and Marketing Support Worker, Bridget Weston. Bridget is responsible for keeping the Farming Life Centre website updated, keeping up regular contact with the local press and doing regular mailings to a variety of locations to publicise our monthly programme of groups, meetings and activities.

FINANCIAL REVIEW

The finances of the Farming Life Centre remain robust thanks in part to the three year funding received from the PCT. This grant has made a substantial contribution to the funding of a centre manager 4 days per week to oversee the running of the centre as well as all the other, separately funded, projects. The PCT grant has also made a valuable contribution to general overheads. This PCT funding is currently due to come to an end in March 2011 and the trustees acknowledge that replacement funding for the future is a priority if the Centre is to continue to offer support for the projects and services currently provided.

The finances have also been augmented by several substantial project grants, notably LEADER Future Farms 2010, PCT Health Trainer, LSP social and therapeutic garden and Trusthouse Charitable Trust.

The income received from fundraising activities and donations remains a small but valuable part of the centre's income.

PLANS FOR FUTURE PERIODS

The current Farming Life Centre Business Plan runs to March 2011 and activity is already under way to develop priorities, strategies and projects for the three year period thereafter. Plans are already in the embryonic stage for a new Peak District food project and for the setting up of a Derbyshire Care Farming network.

THE FARMING LIFE CENTRE

TRUSTEES ANNUAL REPORT

PERIOD FROM 1 OCTOBER 2009 TO 31 MARCH 2010

RESPONSIBILITIES OF THE TRUSTEES

The trustees (who are also the directors of the Farming Life Centre for the purposes of company law) are responsible for preparing the Trustees Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. The trustees are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

INDEPENDENT EXAMINER

BullockWoodburn has been re-appointed as independent examiner for the ensuing year.

Registered office:
Blackwell Hall Farm
Blackwell
Buxton
SK17 9TQ

Signed on behalf of the trustees

Sarah Helliwell
Director

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THE FARMING LIFE CENTRE
INDEPENDENT EXAMINER'S REPORT TO THE MEMBERS OF THE
FARMING LIFE CENTRE

PERIOD FROM 1 OCTOBER 2009 TO 31 MARCH 2010

I report on the accounts of the charity for the period from 1 October 2009 to 31 March 2010 set out on pages 8 – 14.

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND INDEPENDENT EXAMINER

The charity's trustees (who are also the directors of the Farming Life Centre for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under section 43(2) of the Charities Act 1993 (the 1993 Act), as amended by section 28 of the Charities Act 2006) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts (under section 43(3)(a) of the 1993 Act, as amended);
- to follow the procedures laid down in the General Directions given by the Charity Commission (under section 43(7)(b) of the 1993 Act, as amended); and
- to state whether particular matters have come to my attention.

BASIS OF INDEPENDENT EXAMINER'S STATEMENT

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on whether the accounts present a 'true and fair view'.

INDEPENDENT EXAMINER'S STATEMENT

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the trustees have not met the requirements to ensure that:

- proper accounting records are kept (in accordance with section 386 of the Companies Act 2006); and
- accounts are prepared which agree with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

BullockWoodburn Limited
Independent examiner

Norfolk House
Hardwick Square North
Buxton
SK17 6PU

THE FARMING LIFE CENTRE
STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING THE INCOME AND EXPENDITURE ACCOUNT)
PERIOD FROM 1 OCTOBER 2009 TO 31 MARCH 2010

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds Period from 1 Oct 09 to 31 Mar 10 £
INCOMING RESOURCES				
Incoming resources from generating funds:				
Voluntary income	2	1,046	15,908	16,954
Activities for generating funds	3	1,369	–	1,369
Investment income	4	18	–	18
TOTAL INCOMING RESOURCES		<u>2,433</u>	<u>15,908</u>	<u>18,341</u>
RESOURCES EXPENDED				
Costs of generating funds:				
Costs of generating voluntary income	5	(472)	–	(472)
Charitable activities	6/7	(604)	(35,964)	(36,568)
Governance costs	8	(415)	–	(415)
TOTAL RESOURCES EXPENDED		<u>(1,491)</u>	<u>(35,964)</u>	<u>(37,455)</u>
NET OUTGOING RESOURCES FOR THE PERIOD/NET EXPENDITURE FOR THE PERIOD		942	(20,056)	(19,114)
RECONCILIATION OF FUNDS				
Total funds brought forward		34,298	86,617	120,915
TOTAL FUNDS CARRIED FORWARD		<u>35,240</u>	<u>66,561</u>	<u>101,801</u>

The Statement of Financial Activities includes all gains and losses in the year and therefore a statement of total recognised gains and losses has not been prepared.

All of the above amounts relate to continuing activities.

THE FARMING LIFE CENTRE

BALANCE SHEET

31 MARCH 2010

CURRENT ASSETS			
Debtors	10	7,859	
Cash at bank and in hand		98,821	
		<u>106,680</u>	
CREDITORS: Amounts falling due within one year	11	<u>(4,879)</u>	
NET CURRENT ASSETS			101,801
TOTAL ASSETS LESS CURRENT LIABILITIES			<u>101,801</u>
NET ASSETS			<u>101,801</u>
FUNDS			
Restricted income funds	12	66,561	
Unrestricted income funds	13	35,240	
TOTAL FUNDS			<u>101,801</u>

The trustees are satisfied that the company is entitled to exemption from the provisions of the Companies Act 2006 (the Act) relating to the audit of the financial statements for the period by virtue of section 477(2), and that no member or members have requested an audit pursuant to section 476(1) of the Act.

The trustees acknowledge their responsibilities for:

- (i) ensuring that the company keeps adequate accounting records which comply with section 386 of the Act, and
- (ii) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial period and of its profit or loss for the financial period in accordance with the requirements of section 393, and which otherwise comply with the requirements of the Act relating to financial statements, so far as applicable to the company.

These financial statements were approved by the members of the committee on the
and are signed on their behalf by:

SARAH ELIZABETH HELLIWELL
Director

Company Registration Number: 06718297

THE FARMING LIFE CENTRE
NOTES TO THE FINANCIAL STATEMENTS
PERIOD FROM 1 OCTOBER 2009 TO 31 MARCH 2010

1. ACCOUNTING POLICIES

Basis of accounting

The financial statements have been prepared under the historical cost convention and in accordance with applicable United Kingdom accounting standards, the Statement of Recommended Practice "Accounting and Reporting by Charities" issued in March 2005 (SORP 2005) and the Companies Act 2006.

Cash flow statement

The trustees have taken advantage of the exemption in Financial Reporting Standard No 1 (revised) from including a cash flow statement in the financial statements on the grounds that the company is small.

Incoming resources

These are included in the statement of financial activities (soFa) when:

- the charity becomes entitled to the resources;
- the trustees are virtually certain they will receive the resources; and- the monetary value can be measured with sufficient reliability.

Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resources and related expenditure are reported gross in the soFa.

Grants and donations are only included in the soFa when the charity has unconditional entitlement to the resources.

Contractual income and performance related grants is only included in the soFa once the related goods or services have been delivered.

Donated services and facilities are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

Investment income is included in the accounts when receivable.

Expenditure and liabilities

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Governance costs include costs of the preparation and examination of statutory accounts, the costs of trustee meetings and cost of any legal advice to trustees on governance or constitutional matters.

Grants with performance conditions, where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the soFa once the recipient of the grant has provided the specified service or output.

THE FARMING LIFE CENTRE

NOTES TO THE FINANCIAL STATEMENTS

PERIOD FROM 1 OCTOBER 2009 TO 31 MARCH 2010

Grants payable without performance conditions are only recognised in the accounts when a commitment has been made and there are no conditions to be met relating to the grant which remain in the control of the charity.

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Fixed assets

Tangible fixed assets for use by charity are capitalised if they can be used for more than one year, and cost at least £500. They are valued at cost or a reasonable value on receipt. Investments quoted on a recognised stock exchange are valued at market value at the year end. Other investment assets are included at trustees' best estimate of market value. Stocks and work in progress are valued at the lower of cost or market value.

2. VOLUNTARY INCOME

	Unrestricted Funds £	Restricted Funds £	Total Funds 2010 £
Donations			
Donations	150	–	150
Sundry Income	896	–	896
Grants receivable			
PCT Health Trainer	–	8,012	8,012
LEADER Future Farms 2010	–	7,896	7,896
	<u>1,046</u>	<u>15,908</u>	<u>16,954</u>

3. INCOMING RESOURCES FROM ACTIVITIES FOR GENERATING FUNDS

	Unrestricted Funds £	Total Funds 2010 £
Sales of Publications	349	349
Venue Hire	639	639
Community fundraising events	381	381
	<u>1,369</u>	<u>1,369</u>

4. INVESTMENT INCOME

	Unrestricted Funds £	Total Funds 2010 £
Bank interest receivable	18	18

THE FARMING LIFE CENTRE
NOTES TO THE FINANCIAL STATEMENTS
PERIOD FROM 1 OCTOBER 2009 TO 31 MARCH 2010

5. COSTS OF GENERATING VOLUNTARY INCOME

	Unrestricted Funds	Total Funds 2010
	£	£
Costs of generating unrestricted income	472	472
	<u>472</u>	<u>472</u>

6. COSTS OF CHARITABLE ACTIVITIES BY FUND TYPE

	Unrestricted Funds	Restricted Funds	Total Funds 2010
	£	£	£
PCT Health Trainer	–	7,031	7,031
LSP social and therapeutic garden	–	4,096	4,096
PCT	–	10,049	10,049
Social Group	353	–	353
Lunch Club	251	–	251
Trusthouse Charitable Trust	–	171	171
LEADER Future Farms 2010	–	7,970	7,970
Support costs	–	6,647	6,647
	<u>604</u>	<u>35,964</u>	<u>36,568</u>

7. COSTS OF CHARITABLE ACTIVITIES BY ACTIVITY TYPE

	Activities undertaken directly	Support costs	Total Funds 2010
	£	£	£
PCT Health Trainer	7,031	1,763	8,794
LSP social and therapeutic garden	4,096	1,054	5,150
PCT	10,049	3,684	13,733
Social Group	353	–	353
Lunch Club	251	–	251
Trusthouse Charitable Trust	171	7	178
LEADER Future Farms 2010	7,970	139	8,109
	<u>29,923</u>	<u>6,647</u>	<u>36,568</u>

8. GOVERNANCE COSTS

	Unrestricted Funds	Total Funds 2010
	£	£
Accountancy fees	400	400
Companies House fees	15	15
	<u>415</u>	<u>415</u>

THE FARMING LIFE CENTRE
NOTES TO THE FINANCIAL STATEMENTS
PERIOD FROM 1 OCTOBER 2009 TO 31 MARCH 2010

9. STAFF COSTS AND EMOLUMENTS

Total staff costs were as follows:

	Period from 1 Oct 09 to 31 Mar 10
	£
Wages and salaries	19,236
Social security costs	1,456
	<u>20,692</u>

Particulars of employees:

The average number of employees during the period, calculated on the basis of full-time equivalents, was as follows:

	Period from 1 Oct 09 to 31 Mar 10
	No
Number of staff	2
	<u>2</u>

No employee received remuneration of more than £60,000 during the period (2009 - Nil).

10. DEBTORS

	31 Mar 10
	£
Other debtors	7,686
Prepayments	173
	<u>7,859</u>

11. CREDITORS: Amounts falling due within one year

	31 Mar 10
	£
Taxation and social security	2,415
Accruals	1,485
Deferred income	979
	<u>4,879</u>

12. RESTRICTED INCOME FUNDS

	Balance at 1 Oct 2009	Incoming resources	Balance at 31 Mar 2010
	£	£	£
Restricted Funds	86,617	(20,056)	66,561
	<u>86,617</u>	<u>(20,056)</u>	<u>66,561</u>

THE FARMING LIFE CENTRE
NOTES TO THE FINANCIAL STATEMENTS
PERIOD FROM 1 OCTOBER 2009 TO 31 MARCH 2010

13. UNRESTRICTED INCOME FUNDS

	Balance at 1 Oct 2009	Incoming resources	Balance at 31 Mar 2010
	£	£	£
General Funds	<u>34,298</u>	<u>942</u>	<u>35,240</u>

14. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Net current assets	Total
	£	£
Restricted Income Funds:		
Restricted Funds	66,561	66,561
Unrestricted Income Funds	<u>35,240</u>	<u>35,240</u>
Total Funds	<u>101,801</u>	<u>101,801</u>